

Healing through Organization, LLC

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Triangle, NC and Wheeling, WV areas

Please call if you are interested in my services for other areas

Call 919.559.3925 for a free consultation!

Eco-Organizing

Summer 2010 Newsletter

Tip #1

Getting organized and just want to be rid of stuff?
Save it from the landfill.
Give it away at:
www.freecycle.org.

Tip # 2

Check out your state surplus store. In NC they sell office supplies, chairs, tires, etc.:
<http://www.doa.state.nc.us/ssp/>

Tip #3

Create an incoming mail system with color: RED (take action); BLUE(marketing), GREEN (events). Date stamp, too!

Kids Corner

Ask your children to help create zones in their rooms to get them organized. If kids have a clear understanding of zones this helps reinforce the concept of everything having a proper place. Some possible zones: homework, art, reading, etc. Further involve your child by having them create a sign for each zone!

What to do with...it all!

Do you really need 9 black sweaters, 8 conditioners, 6 sets of sheets, 5 serving bowls? Consider de-cluttering and donating your excess. There are plenty of charities out there, such as battered women's shelters, that could use clothes and household items. Freecycle.org allows you to post your unwanted items and trust me, someone will want them! Also consider creating a use it or lose it basket where you put things like lotion or candles that you don't want but your co-workers and friends would. Leave it near the door so you give often!

Spotlight: The garage

Summer is a great time to organize your garage because you are going to want to remove everything and give it a good cleaning. Then you can begin to get organized! Create your zones and be clever with space: peg boards can hold tools; shelves can hold cleaners and motor oil and platforms; above the cars can house boxed ornaments and other seasonal items!

Did you know that?

In a recent NAPO study, 91% of respondents felt they could be more efficient at work if they were better organized

71% indicated their quality of life would improve with more organization!

16.5 million trees could be saved yearly if all Americans would switch to online banking. 67% are expected to do so by 2012

Groovy Website: Do you Zwaggle?

This is a national network of parents who have come together to share:

<http://www.zwaggle.com/>